

<b>02/08/09 - Valentines Day Desserts for Kids</b>
--

## **Valentine's Day Desserts for Kids**

Kids love to cook. They especially love to cook sweet treats that they can gobble down later. Here are some ideas for Valentine's Day desserts kids will enjoy making and eating.

Everybody loves chocolate or at least they should. Recent research shows that eating a little chocolate is good for you. Don't tell your kids though, or they'll never let you forget it.

Valentine's Day was made for chocolate. Let the kids make some chocolate cupcakes. For most cake and cupcake recipes, it is easy to throw in a bit of melted chocolate for an extra sweet tasting dessert. Top them with icing fit for the occasion?red or pink.

Jell-O has been a kid favorite since it was introduced to the world. Turn the popular treat into a Valentine's Day treat with some cookie cutters. Cookie cutters shaped like hearts, kissing lips, cupid, or letters create holiday cut-outs for the kids. Let the kids cut the shapes after the gelatin has set.

Kids love to decorate with icing and sprinkles and candy. If you make cupcakes,

brownies, or cake for them this Valentine's Day, let them decide how the finished confections will look. Put the icing in a bag designed for that purpose so the kids can pipe the icing through to create words or pictures on the dessert. A plastic storage bag with a small hole cut into the corner works just as well as a cake decorating bag.

Cookies go well with any holiday. For Valentine's Day, use sugar cookies. With sugar cookies, they can be topped with icing, sugar, and sprinkles. Try to get sprinkles shaped like hearts. Our tried and true cookie cutters can be used again to cut the chilled dough into the same shapes as the gelatin treats.

How about a dessert pizza? Using cookie dough, roll it out to the shape and diameter of a large pizza. Follow package instructions for baking the cookie. Once it's done and cooled, top with icing. White or vanilla icing can be tinted pink or darker with some red food coloring. Then, let the kids top the dessert pizza with their favorite candies. Plain M&M's, candy sprinkles, and other chewy sweets can top the pizza.

Try a new twist on some dessert favorites. Add large candy hearts to the top of cupcakes. Create a cake shaped like cupid. Use heart-shaped foil cups to bake brownies. All of these ideas are easy enough for your kids to help you create them.

Feed that sweet tooth with some great treat ideas this year. Your kids might have a few ideas of their own to add to the pot for more Valentine's Day fun.

No related posts.

Related posts brought to you by Yet Another Related Posts Plugin.